

▪ **Fall Campaign: Walktober**

○ Year over year participation

Year	Registered	Teams
2013	587	48
2014	665	68
2015	595	59

○ Current participation rates (individual)

- 71% participants logged activity 4 out of 7 days during the first week
 - 253 people (43%) logged activity all 7 days
- 54% of participants have logged activity 9 out of 14 days

○ Participation by location

Location	# Participants
Athletics Stadium/Transportation	8
Cascade	35
Cedar Wood	5
Community Resource Center	78
Eisenhower	12
Emerson	24
Everett	41
Evergreen	30
Forest View	15
Garfield	13
Gateway	24
Hawthorne	17
Heatherwood	16
HM Jackson	28
Jackson	22
James Monroe	18
Jefferson	17
Lowell	18
Madison	10
Mill Creek	36
North	22
Penny Creek	25
Sequoia/Port Gardner/Online High School	18
Silver Firs	3
Silver Lake	6
View Ridge	15
Whittier	13
Woodside	26

- **Seasonal Flu Vaccines**

- Year over year participation
 - 2014: 7 clinics, 681 vaccinated
 - 2015: 6 clinics, 512 vaccinated
 - Health Fair: 20 vendors

Location	2014	2015
Community Resource Center	195	180
North MS	60	62
Eisenhower MS	96	93
Gateway MS	45	96
HM Jackson HS	131	NA
Cascade HS	99	NA
Everett HS	55	NA
Maintenance Building	NA	18
Evergreen	NA	63
Total	681 (~34%)	512 (~27%)

- **Fall Wellness Activities**

- Weight Watchers at Work
 - Community Resource Center: 17 week session in progress
 - 4 School Locations: introductory meetings begin 10/19
- Onsite Fitness Classes
 - 8 classes district wide
- *Drop - in sessions*
 - Nov - Dec
- *Maintain Don't Gain*
 - Begins 11/17

- **Additional Initiatives**

- Departments
 - Maintenance and custodian monthly meetings
 - Food Service monthly email update
 - *Transportation*
- Monthly Email support
 - Principals
 - Wellness Teams
- Online Book Club: *Eat Move Sleep*, by Tom Rath launched 10/14
- Wellness Teams
 - Meetings
 - Jackson ES
 - Emerson ES
 - Community Resource Center
 - Forest View – TBD
 - New members